

Illinois

Nutrition and Physical Activity Program to Prevent Obesity and Other Chronic Diseases (Web site under development)

<p style="text-align: center;">The Epidemic</p> <p>59% of Illinois adults are overweight or obese. (CDC BRFSS, 2002)</p> <p>30% of low-income children between 2 and 5 years of age in Illinois are overweight or at risk of becoming overweight. (CDC PedNSS, 2002)</p> <p>The obesity rate among Illinois adults doubled between 1990 and 2002. (CDC BRFSS, 1990, 2002)</p>	<p style="text-align: center;">Program Priorities</p> <p>The Obesity Steering Committee completed work on a variety of different activities in preparation for formalizing the obesity prevention partnership and beginning the development of the state plan.</p> <ul style="list-style-type: none"> ➤ Created a framework and timetable for developing the state plan. ➤ Determined the subcommittee structure for the Nutrition and physical Activity (NUPA) partnership. ➤ Identified and began recruiting potential subcommittee members. ➤ Developing recommendations for determining plan objectives.
<p style="text-align: center;">Recent Accomplishments and Products</p> <ul style="list-style-type: none"> ➤ A pilot mini-grant program for obesity efforts in six Millennium Neighborhoods in Illinois. ➤ Strategic formulation sessions for obesity subcommittees. ➤ Submission of a position paper regarding a sugar consumption study to the state legislature, as required by HR 147. ➤ A nutrition and physical activity listserv. ➤ Physical activity and obesity survey questions for the Illinois County Behavioral Risk Factor Surveillance System. ➤ An electronic needs and inventory assessment tool for county health departments. 	<p style="text-align: center;">Upcoming Events and Products</p> <ul style="list-style-type: none"> ➤ Conference on “Improving Nutrition and Promoting Physical Activity In Chicago’s Built Environment” (co-sponsor). ➤ A statewide inventory of current resources and programs in nutrition and physical activity. ➤ Process evaluation of the planning process.
<p style="text-align: center;">New Partners</p> <p style="text-align: center;">Abbott Laboratories Alexian Brothers Health Network Coalition to Lower Obesity in Chicago Children Eastern Illinois University Illinois Association for Health, Physical Education, Recreation, and Dance Illinois Association of School Administration Illinois State Board of Education Illinois State University Local Health Departments Midwest Hispanic Health Coalition Mt. Sinai Community Institute Pepsico/Quaker University of Illinois University of Illinois Extension Program</p>	<p style="text-align: center;">Project Period: 2003-2008 Year First Funded: 2003 Funding Stage: Capacity building Contact Person: Jeff Sunderlin Program Coordinator Illinois Department of Public Health Telephone: 217-785-1060 Fax: 217-782-1235 E-mail: jsundrl@idph.state.il.us</p>

